



Copresco's tip for the flu season...

Inoculate Your Computer to Fight Deadly Viruses

It came in an instant. The screen went ballistic and the dreaded message appeared: You Have a Virus!

Lee Strouse, the editor of *Overnight Lite*, was stunned. He had virus protection on his computer, and Macs are supposed to be less vulnerable to virus, spywear and phishing attacks.

Luck Runs Out

A follow-up with the internet service provider determined that his Norton antivirus subscription had unexpectedly expired. So, Lee quickly downloaded the latest software suite and thought he was home free. No such luck. A routine scan a few days later detected a Trojan Horse residing on his hard drive.

Never Assume...

What followed was the loss of nearly a day's time, performing system and files scans, and a lengthy 1½-hour session with Norton to get rid of the infection.

The moral of this story? Don't assume that you are protected from nasty virus infections.

Ten Steps for Success

1. Make sure that you have anti-virus and malware protection installed on all of your computing devices.

2. Update your virus definitions often.

If you don't have the resolve to manually update regularly, consider a subscription service. Antivirus software will automatically update your definitions.

Trash Talk

3. Be suspicious of attachments, especially uninvited e-mail. When in doubt, trash it.

4. Set up your software to scan all files you receive over the internet, your computer network or removable media.

5. Confirm that you are using the best virus protection possible on your workstations with your company's network administrator. Also verify that personal devices that you may use are virus-protected.

Check to see if your company has a server based virus protection system installed. If so, you should also clarify that it protects all of your company's computers including portable devices.

Don't Be Lax

6. Keep software and security patches up-to-date. And, periodically run your live update software.

7. Configure security settings for operating system, internet browser and security software.

Back Up Regularly

8. Back up your computer often. If you do have a problem, it won't be a total disaster. Ransomware attacks, for example, can only be remedied with complete backups.

Plan of Action

9. Follow the same procedures wherever you work... with your desktop, and laptop computers, at the office and at home—and don't forget your children or grandchildren's devices.

10. If you get a virus, immediately disconnect from all networks, contact your administrator, associates and friends and tell them about the problem.

Consider the use of social media like Facebook or LinkedIn. This will allow you to send private messages to your contacts, even if your email address book isn't accessible.

A Global Problem

To sum it up, viruses are an unfortunate fact of life in today's wired world.

Left unchecked, viruses can spread their infectious diseases around the globe—and into your domain—in a matter of minutes.

The good news is that these infections can be eradicated with a healthy dose of antivirus therapy.

A Penny Earned

Viruses are deadly, but they can be contained. A little time spent every day can save you a big hit later.

Words of Wisdom

So, please take Copresco's advice to heart. Put your antivirus protection plan into action today!

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<http://us.mcafee.com/virusInfo>

Using a separate malware scanner adds another layer of protection:
<http://www.malwarebytes.org>

Check out Halloween safety tips for your kids or grandkids:
<http://childcare.about.com/od/childsafet1/a/trickortreat.htm>



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Address Correction Requested

“Grandpa, do you mind if I play the piano?” little Raymond asked. “Of course not! I love music,” Grandpa exclaimed. “Why, when Grandma and I were younger, music saved my life.” “Really?”



What happened?” “During the famous Johnstown flood,” Grandpa explained, “water hit our house and knocked it right off the foundation. Grandma got on the dining room table and floated out safely.” “What happened to you?” “Me?” He continued, “Why, I accompanied her on the piano.”



Scientists crossed an amoeba with a rabbit and got an animal that can multiply and divide.



“What did you operate on him for?” one surgeon asked another. “Twelve hundred dollars,” the other replied. “No, no, what I mean is, what did he have?” “Nine hundred—but he’s good for the rest.”

A man called his doctor to get a prescription for athlete’s foot. “Mister, you’ve got the wrong number,” the doctor responded. “I’m a psychiatrist, not a dermatologist.” After a brief pause he continued, “Now, if it starts to drive you crazy...”



Realtor: Someone with a lot on her mind.



Julie was playing “Cops and Robbers” with her three active sons one warm summer evening after dinner. “Bang!



You’re dead!” the littlest one yelled at her before he scampered off. She slumped to the grass, and after she didn’t get up right away, a neighbor rushed over to see if she had hurt herself. “Julie!” he said, gently touching her shoulder. “You okay?” “Shhh—don’t give me away,” she whispered. “It’s the only chance I’ve had to rest all day.”

A woman, frustrated that her husband kept trying to read her personal diary, wanted to put it somewhere he wouldn’t look. She ended up hiding it in a box labeled “Instruction Manuals.”



They crossed a sheep with a porcupine and got an animal that knits its own sweaters.



Ultimate blow to the ego: when even your mistakes go unnoticed.



I had a crush on a librarian. I kept asking her to dinner, but she was always booked.



Grandparents: people who think your children are wonderful, even though you’re not raising them right.



Copresco's **Overnight Lite**

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Subscriptions: Subscriptions to *Overnight Lite* are complimentary and available only within the United States of America. To subscribe, visit www.copresco.com/lite.htm

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ISSN 1930-2274

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